



BIBLIOTHERAPY: HEALING CHILDREN THROUGH STORIES

Monday, May 6, 2024 * 9:00 am - 12:00 pm EST
Live Online Webinar * \$65/person * 3.0 Contact Hours

Not sure how to incorporate books into your counseling sessions? Maybe you have some books on your bookshelf but you aren't quite sure what to DO with them once you've read them or can't quite get your clients to engage. You feel like you are going into these sessions overwhelmed and under-prepared. You feel like you have run out of ideas and you are tired and bored of the same techniques you have been using over and over. It's okay, we've all been there.

Now, imagine, coming into your next session confident and fully prepared to use Bibliotherapy in a way that is engaging and fun for your client, and for you too! You know just how you are going to present the materials and have ideas about the specific activities you will use to help deepen the meaning of the book. AND you know fully how what you are doing will help move your client forward toward progress on goals and symptom reduction.

Ann Meehan will share with you the exact steps and strategies she uses to select books that are appropriate for Bibliotherapy and how to develop appropriately paired interventions. Ann will also share Bibliotherapy book suggestions.



Ann Meehan, MS, LPCC, RPT-S, EMDRIA Consultant, is a private practice therapist in the north woods of Minnesota and specializes in working with young people ages 3 and up using Play Therapy and EMDR. Ann is passionate about helping other therapists grow into competent and confident Play Therapists, trauma therapists, and child and adolescent therapists. We recommend that you visit Ann's wonderful website at <https://www.meehanmentalhealth.com/>. It is full of information and resources.

Register online at: www.familyservicesociety.org/ce-workshops.html

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