

**REGISTRATION FORM - Friday, June 4, 2010**

**RATES:** includes continental breakfast & afternoon cookies  
\$99.....Early Registration (postmarked by 5/21/2010)  
\$109...Regular Registration (after 5/21/2010)

**Group Rate** (3 or more in same envelope who are not already receiving a student discount) deduct **\$5** per person  
**Student Rate \$90—must include copy of college ID** (student rates cannot receive the additional group discount)

**REFUND POLICY:**

*Full refunds will be given up until May 28, 2010.  
A \$20 administrative fee will be taken from refunds requested May 29 - June 3, 2010. Refunds will NOT be issued for registrants who fail to show on the day of the workshop without prior notification to the Family Service Society Professional Training Institute.*

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(Your name & employer will appear on your name tag)

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Professional Training Institute  
Family Service Society, Inc.  
280 Princeton Ave. Ext.  
Corning NY 14830

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**Family Service Society, Inc.**  
*Planting the Seeds for a Better Tomorrow*

# **BIPOLAR DISORDER IN CHILDREN & ADOLESCENTS: Clinical Presentation, Assessment Strategies & Treatment Planning**

**Friday, June 4, 2010  
9:00am - 4:00pm  
Radisson Hotel - Corning, NY**

***Brought to you by the:  
Family Service Society  
Professional Training Institute***



**Send Registration Form & Payment to:  
FSS Professional Training Institute  
280 Princeton Ave. Ext.  
Corning, New York 14830**

**Presenter:  
Eric A. Youngstrom, Ph.D.**

## Workshop Overview

Until recently, bipolar disorder (also known as manic depression) was only rarely diagnosed in youths. Bipolar disorder is a chronic, recurring, serious, and potentially life-threatening disease. If left untreated, episodes are likely to grow more severe and resistant to treatment. Bipolar disorder also responds poorly to many of the first-line treatments for more common disorders such as depression or ADHD. At the same time, some of the most effective treatments for bipolar disorder have not been investigated in children as thoroughly as in adults, and they carry much more serious risks of side effects than many interventions used with children. For all of these reasons, it is vital to accurately recognize and know how to treat bipolar disorder. This workshop discusses key issues in assessment and treatment, including: how bipolar disorder manifests clinically, how it appears different in children versus adults, how to use specialized self-report and parent-report measures to aid in differential diagnosis, and how to use cognitive behavioral therapy (CBT) techniques to address the specific needs of children and adolescents dealing with bipolar disorder. The presentation will include recent innovations in assessment and treatment developed by some of the leading research groups investigating juvenile bipolar disorder.

## Workshop Schedule

The registration table opens at 7:45 a.m. The workshop begins promptly at 9:00 a.m. There will be two 15 minute breaks - one in the morning and one in the afternoon. Lunch is on your own from 12:00pm - 1:00pm. The workshop ends at 4:00pm.

## Intended Audience

This workshop will be of interest to people working with children and adolescents impacted by bipolar disorder.

## The Presenter

Eric Youngstrom, Ph.D., is a teacher, researcher, licensed psychologist, and parent. Currently he is an associate professor of Psychology and Psychiatry at the University of North Carolina at Chapel Hill, with adjunct appointments at Case Western Reserve University in Cleveland, Ohio. He is the first recipient of the Early Career Award from the Division of Child and Adolescent Clinical Psychology, and has also been elected to membership in the American College of Neuropsychopharmacology.

Dr. Youngstrom specializes in the relationship of emotions and psychopathology, and the clinical assessment of children and families. He also actively investigates ways of improving the use of clinical assessment instruments for making better differential diagnoses, predictions about future functioning, or monitoring of treatment progress – particularly with regard to bipolar disorder across the lifespan. Dr. Youngstrom has spoken on the topic of pediatric bipolar disorder at scientific meetings in Canada, Europe, South America, and Asia, as well as around the United States.

## Learning Objectives

This workshop is designed to help you:

- Learn what assessment procedures are available to aid in differential diagnosis and measuring response to treatment,
- Learn which symptoms and risk factors are helpful in recognizing bipolar disorder, and which may be “red herrings”;
- Learn how often bipolar disorder might be occurring in children and adolescents in different settings, such as public schools, outpatient services, forensic settings;
- Learn how to best interpret test results, taking into account the clinical setting in which one works;
- Understand the framework for applying cognitive behavioral techniques with adolescents who have bipolar disorder;
- Learn specific techniques to use in session with adolescents with bipolar disorder.

## Other Details

### CONTINUING EDUCATION INFORMATION

- **NBCC** - The FSS Professional Training Institute is recognized by the National Board of Certified Counselors to offer continuing education for National Certified Counselors. We adhere to NBCC Continuing Education Guidelines. Provider #5930
- **APA** - The FSS Professional Training Institute is approved by the American Psychological Association to offer continuing education for psychologists. Family Service Society, Inc. maintains responsibility for the program. Provider #1323
- **NASW-NYS** - This program has been submitted for approval by the NASW-New York State.
- **OASAS** - This program has been submitted for approval by the NY State Office of Alcoholism and Substance Abuse Services.
- **Pennsylvania State Board of Social Workers, Marriage and Family Therapists and Professional Counselors** - The State Board of Social Workers, Marriage and Family Therapists and Professional Counselors recognizes Family Service Society (as a sponsor approved by the National Board of Certified Counselors NBCC - #5930), to be a pre-approved provider of continuing education programs for social workers (Sec. 47.36), Marriage and Family Therapist (Sec. 48.36), and Professional Counselors (Section 49.36).

**LOCATION** - This workshop will be held at the Radisson Hotel located at 125 Denison Parkway East in Corning, New York..

### QUESTIONS OR CONCERNS?

If you have questions or concerns, you may contact Janalee Orfanides, Training Institute Director, at 607-962-3148 or via email at janalee@stny.rr.com. Please note that Janalee is only in the office on Wednesdays and Fridays.

### 2010 Training Institute Partners

- Allegany County Community Services
- Allegany County Department of Social Services
- Arbor Development
- Family Services of Chemung County, Inc.
- Lea R. Powell Institute for Children & Families at Alfred University
- Pathways, Inc.
- Pro Action of Steuben & Yates, Inc.
- Schuyler County Community Services
- Steuben County Department of Community Services