

Treating Personality Disorders: Unifying Principles, Techniques, and Strategies

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Presented by Jeffrey Magnavita, Ph.D.
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Date: Friday, May 16, 2008

Time: 9:00am - 4:00pm

Location: Radisson Hotel - Corning, NY

It is estimated that half of the patients receiving mental health services suffer from one or more personality disorders (PDs), and many more manifest signs of personality dysfunction (PDys). Knowing how to conceptualize, assess, and effectively treat PDys is essential to all areas of clinical practice and a valuable niche area in which to develop a specialty. This workshop will provide a solid foundation to the field and present a unified framework with which to conceptualize, assess, and treat PDys. Empirically supported principles, methods, and modalities that can enhance treatment efficacy will be presented. Videotapes of patient sessions will be used to demonstrate the process and to actively engage participants in the learning process.

This workshop is designed to help: 1. Enhance your knowledge about the prevalence, etiology, and approaches to classifying and assessing personality; 2. Apply the contemporary models of treating PDys and the empirical findings; 3. Implement the essential elements of conducting an assessment vital to developing treatment packages; 4. Comprehend how Axis I clinical syndromes emerge from the personality matrix and how to use this to guide treatment; 5. Build your basic skills in applying proven treatment methods to accelerate psychotherapy; 6. Combine treatment modalities and formats to develop treatment packages that enhance synergy; and 7. Recognize what the pitfalls of treatment are and how to counteract and manage therapeutic ruptures.

Jeffrey J. Magnavita, Ph.D., ABPP, FAPA is the Founder of Glastonbury Psychological Associates, P.C. and an Affiliate Professor of Professional Psychology at the University of Hartford in Connecticut. He has been in clinical practice for over 20 years, specializing in intensive psychotherapy for children, adolescents, and adults manifesting personality dysfunction, relational disturbances and complex clinical syndromes.

Dr. Magnavita is the recipient of the *Distinguished Contribution to Independent Practice in the Private Sector Award* from the American Psychological Association (APA) for his work in developing integrative and unified models of psychotherapy. He has authored a number of acclaimed works, including *Personality-Guided Relational Therapy: A Unified Approach*, *Handbook of Personality Disorders: Theory and Practice*, *Restructuring Personality Disorders: A Short-Term Dynamic Approach* and *Relational Therapy for Personality Disorders*. He has published extensively on personality disorders.