



The Benefits of Having a Mentor

Young adults who face an opportunity gap but have a mentor are:

55% more likely to be enrolled in college than those who did not have a mentor.

81% more likely to participate regularly in sports or extracurricular activities than those who do not have a mentor.

48% more likely to volunteer regularly in their communities than those who do not have a mentor

*Research conducted by
MENTOR: The National Mentoring Partnership*

"The hour spent with my mentee at Youth Mentoring is the highlight of my week. We work together building, creating, and solving, all while sharing stories from our week. I like to think I play a small part in her growth throughout the years, but truthfully, she's the one who helps me grow into a better adult and keeps me laughing each Wednesday." – YMST Mentor

"Since I have joined YMST I have been able to organize my time better which causes my grades to go up and it improves my everyday attitude" – YMST Mentee



You + Me together for a better tomorrow.

**YMST site locations include:
Bath, Corning, Elmira,
Whitesville, and Belmont**

Contact Information:

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YOUTH MENTORING

OF THE SOUTHERN TIER

You + Me together for a better tomorrow.



A Program of



Affiliated with



The New York State Mentoring Program

What is Youth Mentoring of the Southern Tier?

Mission Statement

Youth Mentoring of the Southern Tier connects youth with trained volunteers to create trusting, professionally-supported, one-to-one mentoring relationships that enhance the quality of their lives.

Vision Statement

Through fun and friendship all youth feel valued and connected to their community, empowering them for their future.

Values

Respect: I respect myself and others.

Empathy: I listen to understand others' feelings.

Fun: I have fun in a responsible way.

Friendship: I offer friendship and kindness to others.

Safe & Effective Relationships

Youth Mentoring of the Southern Tier (YMST) is a site-based mentoring program that meets once a week at a designated location. Mentors are thoroughly screened including background and reference checks. During each hour long program, Mentors and Mentees participate in fun and enriching activities facilitated by Site Coordinators.

Enrolling Your Child

1. A parent or legal guardian can contact our office at (607) 936-3507 for the youth application.
2. A Site Coordinator will contact you for an interview to learn more about your child.
3. Once you have accepted a potential Mentor, you and your child will come to our designated site to meet the Mentor.
4. On a weekly basis, the Mentee and Mentor will meet on site for one hour of supervised and engaging activities.
5. The Site Coordinator will continue to monitor the match.



Becoming a Mentor

1. Fill out the mentoring application by visiting the New York State Mentoring website: nysmentoringprogram.ny.gov/signUp
2. You will be contacted for an interview with a Youth Mentoring of the Southern Tier Site Coordinator.
3. Attend a Mentor training and orientation facilitated by our New York State Mentoring Program representative.
4. A Site Coordinator will match you with a Mentee at a nearby location and contact you about a start date.

