

REGISTRATION FORM - September 18, 2023
Clarion Inn - Elmira, NY

RATES: Prices include continuing education credits (see CE section for details), ample free parking, all day coffee bar, buffet luncheon, and afternoon cookies.

\$149.....Registration Fee

Group Rate (3 or more in same envelope) deduct \$5/person

Student Rate \$139 - must include copy of a VALID college ID

REFUND POLICY:

Full refunds will be given up until September 1, 2023. A \$20 administrative fee will be taken from refunds requested September 2-17, 2023. Refunds will NOT be issued for registrants who fail to show on the day of the training without any prior notification to the Family Service Society Professional Training Institute.

Name: _____

Employer: _____

Address: _____

City, State, Zip: _____

Phone: _____

Email Address: _____

New York requires that we include a license number on the attendance certificates for the following disciplines. Please indicate if you need continuing education for:

LCAT(NY) LMFT(NY) LMHC(NY)

LMSW(NY) LCSW(NY)

NY License # (if applicable): _____

Payment Options: Check (made payable to Family Service Society, Inc.), Money Order, Purchase Order, Voucher, or Visa/MasterCard.

FOR CREDIT CARD REGISTRATIONS

Credit Card Type: Visa MasterCard

TOTAL CHARGE AMOUNT: \$_____ Exp. Date: _____

Card Holder's Name: _____

Card #: _____

Signature: _____

Send Registration Form & Payment:

FSS PTI
280 Princeton Ave. Ext.
Corning, New York 14830

Online registration is also available at
www.familyservicesociety.org.

Call us at 607-962-3148 with any questions.

WORKSHOP SCHEDULE

Registration table opens at 8:00 am.

Training runs from 9:00am-4:00pm.

Buffet luncheon is from 12:00pm-1:00pm.

REFRESHMENTS/LUNCH

An all-day coffee & tea bar, buffet luncheon, and afternoon cookies are included with your registration. The buffet luncheon consists of assorted deli meats and cheeses, breads, soup, fruit, garden salad, and chips.

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Contact Us

Family Service Society, Inc.
Professional Training Institute

280 Princeton Ave. Ext.

Corning, NY 14830

www.familyservicesociety.org

607-962-3148

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Professional Training Institute
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Family Service Society, Inc.

Planting the Seeds for a Better Tomorrow

The Professional Training
Institute presents:

**RELATIONSHIP
STRATEGIES
TO TREAT
CHALLENGING
TRAUMA CLIENTS**



Presenter:
Robert T. Muller, Ph.D.

Monday, September 18, 2023

9:00 am - 4:00 pm

Clarion Inn - Elmira

760 E. Water St., Elmira, NY 14901

About our Training:

This practical training, led by Dr. Robert T. Muller, a leading expert on trauma therapy and globally acclaimed author of the psychotherapy bestseller, *Trauma & the Avoidant Client*, is aimed at building our understanding of the psychotherapeutic relationship with challenging trauma clients.

As therapists, while we try to maintain a strong therapeutic relationship, in practice, this is easier said than done. Trauma clients struggle to trust the therapist: Many minimize their own traumatic experiences or become help-rejecting. Others rush into the work, seeking a “quick fix,” despite a long history of interpersonal trauma.

Drawing upon attachment theory and research, and upon a wealth of clinical experience, Dr. Muller illustrates how to work with such hard-to-treat clients, how to find points of entry, and ways to make contact. Using a relational, psychodynamic approach, we explore strategies for developing the therapeutic relationship to help the client regain a sense of trust in others. We look at therapeutic techniques through which the client is encouraged to take interpersonal risks, to mourn losses, and to face vulnerabilities.

Dr. Muller follows the ups and downs of the therapy relationship with trauma survivors and specifically looks at:

- How do we tell when we’ve unknowingly compromised safety in the relationship?
- What happens to the relationship when clients or therapists rush into the process, and how can this be addressed?
- And how can subtle conflicts in the relationship become useful in treatment?

We also explore different choices therapists make in navigating the relationship - choices that often have a strong impact on outcomes. Recovery from trauma is a complicated process. When clients reveal too much, too soon, they may feel worse -making the pacing of therapy critical. Here too, the key is in the therapist-client relationship. Dr. Muller walks us through the relational approaches that help pace the process of opening up - so that clients find the experience helpful, not harmful.

About our Presenter:



Robert T. Muller, Ph.D. trained at Harvard, was on faculty at the University of Massachusetts and is currently at York University in Toronto. Dr. Muller is a

Fellow of the International Society for the Study of Trauma & Dissociation (ISSTD) for his work on trauma treatment. His book, [Trauma and the Struggle to Open Up](#), was awarded the 2019 ISSTD award for the year's best-written work on trauma. And his award-winning bestseller, [Trauma & the Avoidant Client](#) has been translated widely.

As lead investigator on several multi-site programs to treat interpersonal trauma, Dr. Muller has lectured internationally (Australia, UK, Europe, USA), and has been keynote speaker at mental health conferences in New Zealand and Canada. He founded an online magazine, "The Trauma & Mental Health Report," that is now visited by over 100,000 readers a year. With over 25 years in the field, he practices in Toronto.

CONTINUING EDUCATION INFORMATION

This training is approved to provide 6.0 hours of continuing education for:

NY State Licensed Creative Arts Therapists
Family Service Society, Inc. is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed creative arts therapists. #CAT-0022.

NY State Licensed Marriage & Family Therapists
Family Service Society, Inc. is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed marriage and family therapists. #MFT-0033

NY State Licensed Mental Health Counselors
Family Service Society, Inc. is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0058.

NY State Board for Social Work
Family Service Society, Inc., SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0071.

NBCC
Family Service Society, Inc. has been approved by NBCC as an Approved Continuing Education Provider, ACEP #5930. Programs that do not qualify for NBCC credit are clearly identified. Family Service Society, Inc. is solely responsible for all aspects of the programs.

OASAS
Family Service Society, Inc. is a New York State OASAS-approved education and training provider (Provider #0290).

Pennsylvania State Board of Social Workers, Marriage and Family Therapists and Professional Counselors

The State Board of Social Workers, Marriage and Family Therapists and Professional Counselors recognizes Family Service Society (as a sponsor approved by the National Board of Certified Counselors NBCC - #5930), to be a pre-approved provider of continuing education programs for Social Workers (Sec. 47.36), Marriage and Family Therapist (Sec. 48.36), and Professional Counselors (Section 49.36).

