

REGISTRATION FORM - April 26, 2019

Holiday Inn Elmira-Riverview

RATES: Prices include continuing education credits (see CE section for details), ample free parking, all day coffee bar, buffet luncheon, and afternoon cookies.

\$123.....Early Registration (postmarked by 4/12/2019)

\$133.....Regular Registration (after 4/12/2019)

Group Rate (3 or more in same envelope who are not already receiving a student discount) deduct **\$5** per person

Student Rate \$113- *must* include copy of a current college ID (student rates cannot receive the additional group discount)

REFUND POLICY:

Full refunds will be given up until April 19, 2019. A \$20 administrative fee will be taken from refunds requested April 20-25, 2019. Refunds will NOT be issued for registrants who fail to show on the day of the workshop without any prior notification to the Family Service Society Professional Training Institute.

Name: _____

New York requires that we include a license number on the attendance certificates for the following disciplines. Please indicate if you need continuing education for:

___LCAT(NY) ___LMFT(NY) ___LMHC(NY)

___LMSW(NY) ___LCSW(NY)

NY License # (if applicable): _____

Employer: _____
(Your name & employer will appear on your name tag)

Address: _____

City, State, Zip: _____

Work Phone: _____

Home/Cell Phone: _____
(in case we need to contact you at the last minute)

Email Address: _____

Payment Options: Check (made payable to Family Service Society, Inc.), Money Order, Purchase Order, Voucher, or Visa/MasterCard.

FOR CREDIT CARD REGISTRATIONS

Credit Card Type: ___Visa ___Master Card

TOTAL CHARGE AMOUNT: \$ _____ Exp. Date: _____

Card Holder's Name: _____

Card #: _____

Signature: _____

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Permit No. 4238
Syracuse, NY

Professional Training Institute
Family Service Society, Inc.
280 Princeton Ave. Ext.
Corning NY 14830

RETURN SERVICE REQUESTED



The FSS Professional Training Institute presents:

CULTURAL AND HISTORICAL TRAUMAS: Invisible Barriers to Healing and Change



**Presenter:
Anita Mandley, MS, LCPC**

Friday, April 26, 2019
9:00 am - 4:00 pm
Holiday Inn Elmira-Riverview
760 E. Water St., Elmira, NY 14901

Send Registration Form & Payment to:
FSS Professional Training Institute
280 Princeton Ave. Ext.
Corning, New York 14830
or
Register online at www.familyservicesociety.org

OUR WORKSHOP

If you work with African Americans, Native Americans, Holocaust Survivors and their descendants, inter-generational poverty, or refugees, you are sitting with the legacies of Cultural and Historical Trauma. If your clients differ from you in the areas of race, culture, religion, sexuality, class or gender, your own biases are there as well. This training brings these issues out of the shadows into consciousness, and opens a path towards healing the disenfranchised grief of cultural and historical wounds. In order to be attuned, mindful, effective healers, therapists also need to bring their own bias out of the shadows with the awareness that bias is already there. And since bias is already there, learn to regulate it instead of avoiding it. Learning and dialogue will be facilitated through lecture, dyadic discussion, experiential exercises and video presentation.

By participating in this training, attendees will:

- Be able to recognize and assess the impact of cultural and historical traumas in both their clients and themselves
- Avoid the pitfalls of Cultural Blindness
- Learn a 6 Step model of self-regulation
- Learn and experience a model for cultural assessment
- Learn how to hold the dialectic of the survival narrative while validating the trauma, moving to a strength-based process of change
- Learn interventions that provide a therapeutic counter-balance to micro-aggression and cultural and historical traumas

OUR PRESENTER



Anita Mandley, MS, LCPC, is an integrative psychotherapist practicing at The Center for Contextual Change, in Skokie, Illinois. Anita works with clients with Complex PTSD, Dissociative Disorders, Eating Disorders and a variety of self-injurious behaviors. Her treatment interventions include Dialectical Behavior Therapy, Somatic Experiencing, Imagery, and expressive therapies. She is currently excited about seeing the transformative impact on her clients of her recently developed Integrative Trauma Recovery Group, ITR, a group therapy process designed specifically for adults with Developmental and Complex PTSD.

WORKSHOP SCHEDULE

The registration table opens at 7:45 am. The workshop runs from 9:00am-4:00pm with a buffet luncheon (included in your registration fee) from 12:00pm-1:00pm.

REFRESHMENTS/LUNCH

An all-day coffee & tea bar, buffet luncheon, and afternoon cookies are included with your registration. The buffet luncheon consists of assorted deli meats, and cheeses, breads, soup, fruit, garden salad, and chips.

QUESTIONS OR CONCERNS

If you have questions, please contact Janalee Orfanides, Training Institute Coordinator, by email at orfanidesj@familyservicesociety.org or by phone at 607-962-3148.

CONTINUING EDUCATION INFORMATION

This workshop is approved to provide 6.0 hours of continuing education for:

NY State Licensed Creative Arts Therapists

Family Service Society, Inc. is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed creative arts therapists. #CAT-0022.

NY State Licensed Marriage & Family Therapists

Family Service Society, Inc. is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed marriage and family therapists. #MFT-0033

NY State Licensed Mental Health Counselors

Family Service Society, Inc. is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0058.

NY State Board for Social Work

Family Service Society, Inc., SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0071.

NBCC

Family Service Society, Inc. has been approved by NBCC as an Approved Continuing Education Provider, ACEP #5930. Programs that do not qualify for NBCC credit are clearly identified. Family Service Society, Inc. is solely responsible for all aspects of the programs.

OASAS

Family Service Society, Inc. is a New York State OASAS-approved education and training provider (Provider #0290).

Pennsylvania State Board of Social Workers, Marriage and Family Therapists and Professional Counselors

The State Board of Social Workers, Marriage and Family Therapists and Professional Counselors recognizes Family Service Society (as a sponsor approved by the National Board of Certified Counselors NBCC - #5930), to be a pre-approved provider of continuing education programs for Social Workers (Sec. 47.36), Marriage and Family Therapist (Sec. 48.36), and Professional Counselors (Section 49.36).

**PLEASE VISIT OUR WEBSITE AT
WWW.FAMILYSERVICESOCIETY.ORG
FOR A COMPLETE LISTING OF
UPCOMING TRAININGS**

