



## COFFEE & CONTINUING EDUCATION

# Art Therapy at Work



Utilizing pleasure, beauty and embodied presence to  
awaken the senses & regulate emotions,  
for our clients and ourselves

**Presenter: Emily Walsh, LCAT**

**Wednesday, May 8, 2019**

**9:00am-11:00am**

*Registration begins at 8:30am*

Location: Family Service Society, 280 Princeton Ave. Ext., Corning, NY

Cost: \$38/person (includes continental breakfast and CE credits)

**SEATING IS VERY LIMITED - REGISTER EARLY!**

## About our Training

Art Therapy has more to offer us than creative exercises to use with our clients. While we'll cover how it can help us teach clients mindfulness and emotional regulation, we'll also see what a useful ally it can be in exploring countertransference. In our time together, we'll use simple techniques and materials to explore interventions that enliven our sensory interaction with our environments, enhancing our own, as well as our client's vital ability to connect creatively with the present moment and each other.

You'll learn about the importance of hand-use to reduce anxiety and depression; have time to use art materials to bring new life to a difficult case and walk away with 10-15 interventions for your clients (and yourself) to use for relaxation, inspiration and finding balance through emotional regulation.



## About our Presenter

### **Emily M. Walsh, Licensed Creative Art Therapist**

Emily has been in practice for ten years. Her experience include residential care for teenagers, work in a community outpatient clinic, group work via workshops, a creativity for wellness group at Cornell, and intensive outpatient for people with eating disorders. In private practice since 2014, Emily also volunteers with a group of art therapists and artists in Ithaca to offer free open-access community art studios - check it out on Facebook, and join them at their next event- "Open Art Hive."

**Continuing Education** - CE credit is available for New York LMSWs, LCSWs, LCATs, LMHCs, LMFTs, NBCC, Pennsylvania State Board of Social Workers, Marriage & Family Therapists and Professional Counselors, and NYS OASAS (pending approval).

**QUESTIONS?** - Call Family Service Society, Inc. at 607-962-3148 or email Janalee Orfanides, PTI Coordinator, at [orfanidesj@familyservicesociety.org](mailto:orfanidesj@familyservicesociety.org).

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## **REGISTRATION FORM - May 8, 2019**

**Rate:** \$38/person (includes continental breakfast and continuing education credits)

**REFUND POLICY:** Full refunds will be given up until May 1, 2019. A \$10 administrative fee will be taken from refunds requested March 30-April 4, 2019. Refunds will NOT be issued for registrants who fail to show on the day of the workshop without any prior notification to the Family Service Society Professional Training Institute.

Name: \_\_\_\_\_

Indicate which of these licenses you hold (only if applicable):  LCAT(NY)  LMFT(NY)  LMHC(NY)  LMSW(NY)  LCSW(NY)

NY License # (if applicable - only for the licenses listed above): \_\_\_\_\_

Employer (if applicable): \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Work Phone: \_\_\_\_\_ Home/Cell Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

**Payment Options:** Check (made payable to Family Service Society, Inc.), Money Order, Purchase Order, Voucher, or Visa/MasterCard.

### **FOR CREDIT CARD REGISTRATIONS**

Credit Card Type:  Visa  Master Card

TOTAL CHARGE AMOUNT: \$ \_\_\_\_\_ Exp. Date: \_\_\_\_\_

Card Holder's Name: \_\_\_\_\_

Card #: \_\_\_\_\_

Signature: \_\_\_\_\_

### **Send Registration Form & Payment to:**

**FSS Professional Training Institute  
280 Princeton Ave. Ext., Corning, New York 14830**

or

**[Register online at www.familyservicesociety.org](http://www.familyservicesociety.org)**