

Family Service Society, Inc.
Biopsychosocial Worksheet

Client Name: _____ **Sex:** M or F **Date of Birth:** __/__/____ **Age:** _____ **Language:** _____

Address: _____ **City:** _____ **Phone:** (____)____-____ **Marital Status:** _____

Religion: _____ **Race:** _____ **Ethnicity:** Hispanic Non-Hispanic SS# _____

Presenting Problem (include duration, if applicable): _____

Current Symptoms (Check if they apply and rate intensity on a scale of 1-10, 1 being minor and 10 most severe):

__ depressed mood: _____	__ appetite disturbance: _____	__ sleep disturbance: _____
__ fatigue/low energy: _____	__ poor concentration: _____	__ poor grooming: _____
__ mood swings: _____	__ agitation: _____	__ emotionality: _____
__ irritability: _____	__ generalized anxiety: _____	__ panic attacks: _____
__ phobias: _____	__ obsessions/compulsions: _____	__ bingeing/purging: _____
__ laxative/ diuretic abuse: _____	__ anorexia: _____	__ paranoid ideation: _____
__ delusions: _____	__ hallucinations: _____	__ aggressive behaviors: _____
__ conduct problems: _____	__ oppositional behavior: _____	__ sexual dysfunction: _____
__ grief: _____	__ hopelessness: _____	__ social isolation: _____
__ worthlessness: _____	__ guilt: _____	__ elevated mood: _____
__ hyperactivity: _____	__ dissociative states: _____	__ somatic complaints: _____
__ self-harm: _____	__ significant weight gain/loss: _____	__ emotional trauma victim: _____
__ physical trauma victim: _____	__ sexual trauma victim: _____	__ perpetrator of trauma: _____
__ substance abuse: _____	__ other: _____: _____	

Personal Status

Sexual Orientation: Heterosexual Homosexual Bisexual Transgender Other: _____

Relationship Status: never married married ___ times divorced ___ times widowed separated partner

Satisfied with current relationship: Yes No N/A **Why Not:** _____

Current Living Situation: _____ **Is it adequate, why:** _____

Education: _____

Employment/ Income: _____

Military Service: Yes No **Branch:** _____ **Year Discharged:** _____ **Honorable:** Yes No

Spiritual Beliefs: _____

Supports: Other Significant Family/Friends/Organizations _____

Current Community Resources Obtained: _____

Mental Health History:

Current/ Last Seen Psychiatrist: _____ **Date of Last Appointment:** _____

Mental Illness Diagnosis: _____

Psychotropic medications usage/diagnosis: _____

Inpatient: Yes No **Details (Date, Reason, Duration, Location)** _____

Outpatient: Yes No **Details (Date, Reason, Duration, Location)** _____

Family Psychiatric History: _____

Family Use of Psychotropic Medications: _____

Childhood/Family History:

Where were you born: _____ Bio Mother Name: _____ Bio Father Name: _____

Did your parent's divorce/separate? If so, what was your age? _____ Did they remarry? _____

Family Issues (circle those that apply):

domestic violence poverty sexual promiscuity criminal behavior mental illness neglect of children frequent unemployment excessive gambling alcohol/drug abuse sex abuse physical abuse emotional abuse

Repercussion of issues circled above: _____

Living situation when you grew up: _____

Childhood Family Experience: __ Outstanding __ Normal __ Chaotic __ Witness Abuse __ Experienced Abuse

Academic Issues in School: _____

Siblings:

Name	Current Age	Other Parent, if Different	Status of Relationship

Marriages: Yes No If yes, spouses names _____

Children:

Child's Name	Other Parent's Name	Sex	Current Age	Live with you?	Current Relationship Status Close/ Distant

Early Childhood Experiences:

Most Positive Events/ Age	Most Negative Events/ Age

Medical History and Current Status:

Primary Care Physician: _____ City: _____ Phone#: _____

Current Physical Health: Good Fair Poor Last Physical or Dr Appointment: _____

Medical Conditions/ Allergies: _____

Family History of Medical Conditions: _____

Serious Childhood Illnesses/ age: _____

Any Serious Illnesses/ Hospitalizations/ Accidents/Surgeries: _____

Any Abnormal Lab Test Results: _____

Childhood Developmental/Emotional/Behavior/Social/Intellectual Problems: _____

