

Family Service Society, Inc. provides alcohol, substance use and gambling awareness services in Steuben County through prevention education, prevention counseling, early intervention services, and community awareness activities.

PREVENTION EDUCATION SERVICES

Evidence based prevention education with the goal of increasing protective factors in youth to resist substance use are provided year round in elementary, middle and high school settings and summer youth programs in the Corning, Addison and Campbell Savona area. Prevention education is offered at all grade levels to provide comprehensive programming that promotes skill development over time.

Several curriculums are available to meet the diverse needs of schools and youth programs including curriculums with an emphasis on addressing bullying.



FAMILY SERVICE SOCIETY, INC.'S

PREVENTION EDUCATION SERVICES

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PREVENTION EDUCATION SERVICES



**A Licensed Prevention Program
by the New York State
Department of Alcohol &
Substance Abuse Services**

**Funded by NYS OASAS, Steuben County
Youth Bureau, Steuben County
Department of Social Services,
and Steuben County Department of
Community Services**

Available programming through Family Service Society, Inc's Prevention Education Services includes:

PREVENTION COUNSELING

A problem-resolution focused activity that is designed to prevent or reduce substance use, problem gambling and the negative consequences of such behavior. It is limited to individuals five (5) to twenty (20) years of age. Services include assessment, individual, family and group counseling. Participants receive services based on an individualized service plan and referral to additional community resources as appropriate.

EARLY INTERVENTION

Services are designed to reduce early levels of substance use or gambling and decrease the length of time the behaviors continue and the need to refer for treatment. Prevention staff are trained in **Teen Intervene** an evidence based program for early intervention with youth between the ages of 12 and 19. After screening and early intervention is delivered, a parent session is highly recommended when possible and increases effectiveness. The program is often delivered in school settings in three (3) to six (6) sessions as a part of the school's response to substance use on school grounds and to address behavior in violation of the school's athletic code of conduct.

ADDITIONAL COMMUNITY AWARENESS ACTIVITIES

- Gambling Awareness
- Encouraging Positive Alternatives through various arts and community activities
- Information Awareness Activities

TOO GOOD SERIES BY MENDEZ FOUNDATION

for elementary, middle and high school students

Too Good programs empower children with social-emotional learning and substance abuse prevention skills they need to lead happy and healthy lives by focusing on

- Goal Setting Skills
- Decision Making Skills
- Conflict Resolution Skills
- Effective Communication Skills
- Social and Emotional Competency

Available Programs:

Too Good for Drugs and Too Good for Violence in Elementary School teaches fundamental elements of social emotional skills through developmentally appropriate activities such as identifying emotions, making healthy choices, bullying prevention, anger management and respect for self and others.

Too Good for Drugs and Too Good for Violence in Middle School builds on earlier concepts and begins to address more complex emotions and situations with a focus on confidence building, goal setting, decision making, positive conflict resolution, and healthy relationships.

Too Good for Drugs and Too Good for Violence in High School explores practical guidance for understanding dating and relationships, violence and conflict, underage drinking, substance abuse, and healthy friendships.

Information obtained from <https://www.toogoodprograms.org>



SECOND STEP SERIES

for elementary students only

Social Emotional Learning: A Strong Foundation for Lifelong Learning

"Second Step Social-Emotional Learning (SEL) gives students the tools to excel in and out of the classroom... (The) program garners outstanding reviews from educators who've noticed schoolwide improvement and see even the most challenging students make progress in emotion management, situational awareness, and academic achievement." "Second Step SEL has been successfully implemented in over 26,000 schools worldwide. (The) curriculum is designed to align with district standards."

Bullying Prevention: "The Power to Create a Positive School Climate"

"It's never too early to provide students and staff with tools to prevent bullying, both in your school and in the community based on the latest field research Second Step's Bullying Prevention Unit teaches kindergarten through Grade 5 students how to recognize, report and refuse bullying."

Information obtained from <https://www.secondstep.org>

SPORT PREVENTION PLUS WELLNESS, LLC

A single session substance use prevention program designed to increase fitness and health. It works by targeting naturally motivating positive images to increase personal goal setting to improve multiple healthy habits and positive self-identity. It is highly flexible and can be used as a stand-alone or as an add-on component to other prevention, health, sports, fitness, recreation, education or intervention programs. It also includes optional parent materials.

Information obtained from www.preventionpluswellness.com