

ADVANCED CLINICAL APPROACHES TO PLAY THERAPY AND COUNSELING WITH TRAUMATIZED YOUTH

Wednesday, May 22, 2024 * 9:00 am - 4:00 pm EST In-Person Training * Radisson, Corning, NY \$149/person * 6.0 Contact Hours

In this full-day training, we will delve into advanced clinical approaches in the fields of counseling and play therapy specifically tailored for traumatized youth. Trauma in childhood has profound and long-lasting effects on all aspects of development. Therefore, it is imperative for mental health professionals to have a nuanced understanding of trauma-informed practices and specialized techniques to effectively support and empower traumatized youth. Through a combination of theoretical discussions, case studies, and interactive exercises, participants will gain practical insights and strategies for enhancing their clinical skills in working with this vulnerable population.

Learning Objectives:

- Describe the impact of trauma on the developing brain and psychological functioning of children and adolescents.
- Explore advanced theoretical frameworks and models for understanding trauma and its manifestations in youth.
- Enhance skills in creating safe and therapeutic play environments conducive to healing and emotional regulation.
- Develop proficiency in utilizing expressive modalities to facilitate trauma processing and resolution.
- Cultivate awareness of the therapist's role in promoting resilience, empowerment, and post-traumatic growth in traumatized youth.
- and more....



Dr. Jodi Ann Mullen, PhD LMHC NCC RPT-S CCPT-Master is a professor at SUNY Oswego in the Counseling & amp; Psychological Services Department, where she has been a counselor educator for nearly 30 years. She is the Director of Integrative Counseling Services, with offices in Central New York. Dr. Mullen is an international speaker, author, credentialed play therapist and play therapy supervisor. Dr. Mullen provides training, consultation, and supervision to professional helpers all over the world. She has authored books on play therapy, counseling children and adolescents, grief counseling and parenting.



Register online at: <u>www.familyservicesociety.org/ce-workshops.html</u>

The Family Service Society Professional Training Institute

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