

**REGISTRATION FORM - March 29, 2019**

Holiday Inn Elmira-Riverview

**RATES:** Prices include continuing education credits (see CE section for details), ample free parking, all day coffee bar, buffet luncheon, and afternoon cookies.

\$123.....Early Registration (postmarked by 3/15/2019)  
\$133.....Regular Registration (after 3/15/2019)

**Group Rate** (3 or more in same envelope who are not already receiving a student discount) deduct **\$5** per person  
**Student Rate \$113- *must* include copy of a current college ID** (student rates cannot receive the additional group discount)

**REFUND POLICY:**

Full refunds will be given up until March 22, 2019. A \$20 administrative fee will be taken from refunds requested March 23-28, 2019. Refunds will NOT be issued for registrants who fail to show on the day of the workshop without any prior notification to the Family Service Society Professional Training Institute.

Name: \_\_\_\_\_

New York requires that we include a license number on the attendance certificates for the following disciplines. Please indicate if you need continuing education for:

\_\_\_LCAT(NY) \_\_\_LMFT(NY) \_\_\_LMHC(NY)

\_\_\_LMSW(NY) \_\_\_LCSW(NY)

NY License # (if applicable): \_\_\_\_\_

Employer: \_\_\_\_\_  
(Your name & employer will appear on your name tag)

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Work Phone: \_\_\_\_\_

Home/Cell Phone: \_\_\_\_\_  
(in case we need to contact you at the last minute)

Email Address: \_\_\_\_\_

**Payment Options:** Check (made payable to Family Service Society, Inc.), Money Order, Purchase Order, Voucher, or Visa/MasterCard.

**FOR CREDIT CARD REGISTRATIONS**

Credit Card Type: \_\_\_Visa \_\_\_Master Card

TOTAL CHARGE AMOUNT: \$ \_\_\_\_\_ Exp. Date: \_\_\_\_\_

Card Holder's Name: \_\_\_\_\_

Card #: \_\_\_\_\_

Signature: \_\_\_\_\_

Send Registration Form & Payment to:  
**FSS Professional Training Institute**  
280 Princeton Ave. Ext.  
Corning, New York 14830  
or  
Register online at [www.familyservicesociety.org](http://www.familyservicesociety.org)

US Postage PAID  
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Permit No. 4238  
Syracuse, NY

Professional Training Institute  
Family Service Society, Inc.  
280 Princeton Ave. Ext.  
Corning NY 14830

RETURN SERVICE REQUESTED



The FSS Professional Training Institute presents:

**UNCOVERING THE MIGHTY RAY OF LIGHT WITHIN THE PERSON WHO IS SUICIDAL:**  
*Learning How to Connect with, Empower, and Instill Hope in Those Living with Suicidal Thoughts*



**Presenter:**  
**Rena Carapella-Johnson,**  
**LMHC, NCC**

**Friday, March 29, 2019**  
9:00 am - 4:00 pm  
**Holiday Inn Elmira-Riverview**  
760 E. Water St., Elmira, NY 14901

## **OUR WORKSHOP**

Clinicians are sometimes fearful of working with clients who are suicidal. Concerned about liability, focused on safety planning, and deciding whether to hospitalize, they can lose sight of the person sitting before them. In this powerful workshop, participants will have the opportunity to expand their awareness of their personal thoughts, feelings and beliefs about suicide and how this impacts the therapeutic relationship. Attendees will learn about the theories of suicide and use these to guide and inform clinical practice. Through powerful testimony, participants will also learn about the experience of being suicidal from those with lived experience (individuals who have attempted suicide and survived) and those living with suicidal thoughts. From these accounts, attendees will learn strategies to guide them in empowering, connecting with, and instilling hope in clients who are suicidal. Lastly, information on resources and evidenced-based practices will be shared.

### Learning Objectives:

- Expand awareness of personal impact on the therapeutic relationship with clients who are suicidal.
- Identify theories of suicide that will guide clinical work and practice.
- Expand clinician's understanding of clients who are suicidal from the perspective of those with lived experience.
- Learn strategies to improve capacity to connect, empower and instill hope in those living with suicidal thoughts.
- Identify resources and evidenced-based practices that can be utilized by agencies and staff to improve quality of care for clients who are suicidal.

*It is the trainer's hope that attendees will leave the workshop with increased confidence and decreased fear regarding their work with individuals who are suicidal. The ultimate hope is that through uncovering the mighty ray of light within the person who is suicidal, a spark will ignite that will instill hope in those we have the honor of serving, empower them to face the challenges in front of them, and for them to know they are not alone on their journey of life - a life worth living.*

## **OUR PRESENTER**



**Renae Carapella-Johnson, LMHC, NCC**, has extensive experience in individual therapy, crisis intervention, and training. Renae has expertise in the areas of suicide prevention and post-vention and currently serves as an active volunteer with the Western New York Chapter of the American Founda-

tion for Suicide Prevention in planning for the International Survivors of Suicide Loss Day Conference. She is a certified Trainer of Suicide Safety for Teachers and School Staff and has trained several hundred school staff. Renae previously served as Area Director for the Western New York Chapter of the American Foundation for Suicide Prevention and has extensive experience in delivering suicide prevention and post-vention workshops and training, as well experience in supporting families following the loss of a loved one to suicide. Renae has facilitated support groups for loss survivors and comes with her own lived experience which drives her personal and professional passion for this work. She is an active member of the Steuben County Suicide Prevention Coalition, as well as a member of the Disaster Mental Health Team for Steuben, Chemung and Schuylar Counties.

Renae is grateful for the opportunity to present to clinicians on how to uncover the 'Mighty Ray of Light' within clients who are suicidal. She hopes the training will instill a sense of competence and confidence in those who attend, as well as a deeper understanding and capacity to connect with those experiencing suicidal thoughts.

### **WORKSHOP SCHEDULE**

The registration table opens at 7:45 am. The workshop runs from 9:00am-4:00pm with a buffet luncheon (included in your registration fee) from 12:00pm-1:00pm.

### **REFRESHMENTS/LUNCH**

An all-day coffee & tea bar, buffet luncheon, and afternoon cookies are included with your registration. The buffet luncheon consists of assorted deli meats and cheeses, breads, soup, fruit, garden salad, and chips.

### **QUESTIONS OR CONCERNS**

If you have questions, please contact Janalee Orfanides, Training Institute Coordinator, by email at orfanidesj@familyservicesociety.org or by phone at 607-962-3148.

## **CONTINUING EDUCATION INFORMATION**

This workshop is approved to provide 6.0 hours of continuing education for:

### **NY State Licensed Creative Arts Therapists**

Family Service Society, Inc. is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed creative arts therapists. #CAT-0022.

### **NY State Licensed Marriage & Family Therapists**

Family Service Society, Inc. is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed marriage and family therapists. #MFT-0033

### **NY State Licensed Mental Health Counselors**

Family Service Society, Inc. is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0058.

### **NY State Board for Social Work**

Family Service Society, Inc., SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0071.

### **NBCC**

Family Service Society, Inc. has been approved by NBCC as an Approved Continuing Education Provider, ACEP #5930. Programs that do not qualify for NBCC credit are clearly identified. Family Service Society, Inc. is solely responsible for all aspects of the programs.

### **OASAS**

Family Service Society, Inc. is a New York State OASAS-approved education and training provider (Provider #0290).

### **Pennsylvania State Board of Social Workers, Marriage and Family Therapists and Professional Counselors**

The State Board of Social Workers, Marriage and Family Therapists and Professional Counselors recognizes Family Service Society (as a sponsor approved by the National Board of Certified Counselors NBCC - #5930), to be a pre-approved provider of continuing education programs for Social Workers (Sec. 47.36), Marriage and Family Therapist (Sec. 48.36), and Professional Counselors (Section 49.36).

**PLEASE VISIT OUR WEBSITE AT  
[WWW.FAMILYSERVICESOCIETY.ORG](http://WWW.FAMILYSERVICESOCIETY.ORG)  
FOR A COMPLETE LISTING OF  
UPCOMING TRAININGS**

